

- Maths activity – Can you count up to 10 then back down again? You can use your fingers or use any objects found at home. If this is too easy, can you count up to 20 or beyond? Or if it is too hard, maybe up to 5?
- Show me match activity – see separate sheet
- Fine motor skills – Bunny hop pencil control – see separate sheet.
- Get fit – Joe Wicks 5 minute workout –
<https://www.youtube.com/watch?v=d3LPrhI0v-w>