

Year	Autumn	Spring	Summer
Reception	Locomotion Ball skills Gymnastics	Gymnastics Dance	Gymnastics Dance Locomotion
Year 1	Locomotion Dance Outdoor activity	Gymnastics Dance Outdoor activity	Dance Games Outdoor activity
Year 2	Locomotion Gymnastics Ball skills	Ball skills – feet Dance Ball skills hands	Net wall Outdoor adventurous activity Striking and Fielding Athletics
Year 3	Netball Gymnastics	Handball Gymnastics	Swimming Athletics
Year 4	Swimming Invasion Games	Gymnastics Dance	Swimming Athletics
Year 5	Swimming Dance	Dance Athletics	Athletics Invasion
Year 6	Invasion Dance	Invasion Invasion	Striking & Fielding Athletics